St Hilda's Ashford

The Eucharist

The Sunday Next before Lent

THIS SERVICE IS BEING LIVE STREAMED VIA THE ST HILDA'S FACEBOOK PAGE

https://www.facebook.com/StHildaAshford/

THE GATHERING

Introit Hymn

Bright the vision that delighted Once the sight of Judah's seer; Sweet the countless tongues united To entrance the prophet's ear

Round the Lord in glory seated Cherubim and seraphim Filled his temple, and repeated Each to each the alternate hymn:

'Lord, thy glory fills the heaven; Earth is with its fullness stored; Unto thee be glory given, Holy, holy, holy, Lord.'

Heaven is still with glory ringing, Earth takes up the angels' cry 'Holy, holy, holy,' singing, 'Lord of hosts, the Lord most high.'

With his seraph train before him, With his holy Church below, Thus unite we to adore him, Bid we thus our anthem flow:

'Lord, thy glory fills the heaven; Earth is with its fullness stored; Unto thee be glory given, Holy, holy, holy, Lord.'

[Richard Mant]

The Greeting

In the name of the Father, and of the Son, and of the Holy Spirit.

All Amen.

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you

All and also with you.

Words of welcome and introduction are said.

Prayer of Preparation — Please sit or kneel

All Almighty God,
to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.

Prayers of Penitence

'Holy, holy, holy is the Lord God Almighty.'
We long for the fire of God's cleansing
to touch our unclean lips,
for our guilt to be removed and our sin wiped out.
So we meet Father, Son and Holy Spirit
with repentance in our hearts.

All Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry
and repent of all our sins.
For the sake of your Son Jesus Christ,
who died for us,
forgive us all that is past
and grant that we may serve you in newness of life
to the glory of your name.
Amen.

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

Amen.

Gloria in Excelsis

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.

Amen.

The Collect - The Collect for the Week is said after a moment of silence

Holy God, you know the disorder of our sinful lives: set straight our crooked hearts, and bend our wills to love your goodness and your glory in Jesus Christ our Lord.

All Amen.

First Reading - Exodus 34: 29 - end

Moses came down from Mount Sinai. As he came down from the mountain with the two tablets of the covenant in his hand, Moses did not know that the skin of his face shone because he had been talking with God. When Aaron and all the Israelites saw Moses, the skin of his face was shining, and they were afraid to come near him. But Moses called to them; and Aaron and all the leaders of the congregation returned to him, and Moses spoke with them. Afterward all the Israelites came near, and he gave them in commandment all that the LORD had spoken with him on Mount Sinai. When Moses had finished speaking with them, he put a veil on his face; but whenever Moses went in before the LORD to speak with him, he would take the veil off, until he came out; and when he came out, and told the Israelites what he had been commanded, the Israelites would see the face of Moses, that the skin of his face was

shining; and Moses would put the veil on his face again, until he went in to speak with him.

At the end the reader says

This is the word of the Lord.

All Thanks be to God.

Second Reading – 2 Corinthians 3: 12 – 4: 2

Since, then, we have such a hope, we act with great boldness, not like Moses, who put a veil over his face to keep the people of Israel from gazing at the end of the glory that [c] was being set aside. But their minds were hardened. Indeed, to this very day, when they hear the reading of the old covenant, that same veil is still there, since only in Christ is it set aside. Indeed, to this very day whenever Moses is read, a veil lies over their minds; but when one turns to the Lord, the veil is removed. Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And all of us, with unveiled faces, seeing the glory of the Lord as though reflected in a mirror, are being transformed into the same image from one degree of glory to another; for this comes from the Lord, the Spirit.

Think of us in this way, as servants of Christ and stewards of God's mysteries. Moreover, it is required of stewards that they be found trustworthy.

At the end the reader says

This is the word of the Lord.

All Thanks be to God.

Gospel Reading – Luke 9: 28 – 43

Alleluia, alleluia.

Speak, Lord, for your servant is listening. You have the words of eternal life.

All Alleluia.

When the Gospel is announced the reader says
Hear the Gospel of our Lord Jesus Christ according to Luke.

All Glory to you, O Lord.

Now about eight days after these sayings Jesus took with him Peter and John and James, and went up on the mountain to pray. And while he was praying, the appearance of his face changed, and his clothes became dazzling white. Suddenly they saw two men, Moses and Elijah, talking to him. They appeared in glory and were speaking of his departure, which he was about to accomplish at Jerusalem. Now Peter and his companions were weighed down with sleep; but since they had stayed awake, they saw his glory and the two men who stood with him. Just as they were leaving him, Peter said to Jesus, "Master, it is good for us to be here; let us make three dwellings, one for you, one for Moses, and one for Elijah"—not knowing what he said. While he was saying this, a cloud came and overshadowed them; and they were terrified as they entered the cloud. Then from the cloud came a voice that said, "This is my Son, my Chosen; listen to him!" When the voice had spoken, Jesus was found alone. And they kept silent and in those days told no one any of the things they had seen. On the next day, when they had come down from the mountain, a great crowd met him. Just then a man from the crowd shouted, "Teacher, I beg you to look at my son; he is my only child. Suddenly a spirit seizes him, and all at once he shrieks. It convulses him until he foams at the mouth; it mauls him and will scarcely leave him. I begged your disciples to cast it out, but they could not." Jesus answered, "You faithless and perverse generation, how much longer must I be with you and bear with you? Bring your son here." While he was coming, the demon dashed him to the ground in convulsions. But Jesus rebuked the unclean spirit, healed the

boy, and gave him back to his father. And all were astounded at the greatness of God.

At the conclusion of the Gospel reading This is the Gospel of the Lord.

All Praise to you, O Christ.

The Sermon – we sit

The Creed – we stand

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit,

the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen

Prayers of Intercession — We sit or kneel

Let us pray to our incarnate Lord, who has brought us out of darkness and into his own marvellous light.

Merciful Father

All accept these prayers

for the sake of your Son,
our Saviour Jesus Christ.

Amen.

THE LITURGY OF THE SACRAMENT

The Peace — We stand

Christ is our peace.

He has reconciled us to God
in one body by the cross.

We meet in his name and share his peace.

The peace of the Lord be always with you All and also with you.

Let us offer one another a sign of peace.

Offertory Hymn

Christ, whose glory fills the skies,
Christ, the true, the only light,
Sun of Righteousness, arise,
Triumph o'er the shades of night;
Dayspring from on high, be near;
Day-star, in my heart appear.

Dark and cheerless is the morn
Unaccompanied by thee;
Joyless is the day's return
Till thy mercy's beams I see;
Till they inward light impart,
Glad my eyes, and warm my heart.

Visit then this soul of mine,
Pierce the gloom of sin and grief;
Fill me, Radiancy divine,
Scatter all my unbelief;
More and more thyself display,
Shining to the perfect day.

[Charles Wesley]

Generous God, creator, redeemer, sustainer, at your table we present this money, symbol of the work you have given us to do; use it, use us, in the service of your world to the glory of your name.

Eucharistic Prayer

Amen.

All

The Lord be with you All and also with you.

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word, through whom you have created all things; who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh; as your Son, born of the blessed Virgin, he lived on earth and went about among us; he opened wide his arms for us on the cross; he put an end to death by dying for us; and revealed the resurrection by rising to new life; so he fulfilled your will and won for you a holy people. And now we give you thanks because you are the source of light and life; you made us in your image and called us to new life in him. Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and *singing*:

Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Let us proclaim the mystery of faith:

All Christ has died:

Christ is risen:

Christ will come again.

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of Hilda and all the saints, may praise and glorify you for ever, through Jesus Christ our Lord;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever.

All Amen.

The Lord's Prayer

Believing the promises of God, and as our Saviour taught us, so we pray:

All Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done; on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation; but deliver us from evil.
For thine is the kingdom, the power and the glory, for ever and ever.
Amen.

Breaking of the Bread

The president breaks the consecrated bread.

We break the bread of life, and that life is the light of the world.

All Though we are many, we are one body, because we all share in one bread.

Agnus Dei

Lamb of God, you take away the sin of the world, have mercy on us. Lamb of God,
you take away the sin of the world,
have mercy on us.
Lamb of God,
you take away the sin of the world,
grant us peace.

Giving of Communion

Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

All Lord, I am not worthy to receive you, but only say the word, and I shall be healed.

Communion Hymns

My Jesus, my Saviour,
Lord, there is none like you.
All of my days I want to praise
The wonders of your mighty love.
My comfort, my shelter,
Tower of refuge and strength,
Let every breath, all that I am,
Never cease to worship you.

Shout to the Lord, all the earth, let us sing
Power and majesty, praise to the King.
Mountains bow down and the seas will roar
At the sound of your name.
I sing for joy at the work of your hands.
Forever I'll love you, forever I'll stand.
Nothing compares to the promise
I have In you.

[Darlene Zschech © 1993 Wondrous Worship]

'Tis good, Lord, to be here!
Thy glory fills the night;
Thy face and garments, like the sun,
Shine with unborrowed light.

'Tis good, Lord, to be here, Thy beauty to behold, Where Moses and Elijah stand, Thy messengers of old

Fulfiller of the past,
Promise of things to be,
We hail thy body glorified,
And our redemption see.

Before we taste of death,
We see thy kingdom come;
We fain would hold the vision bright,
And make this hill our home.

'Tis good, Lord, to be here!
Yet we may not remain;
But since thou bidst us leave the mount
Come with us to the plain.

[J. Armitage Robinson]

Prayer after Communion

Holy God,
we see your glory in the face of Jesus Christ:
may we who are partakers at his table
reflect his life in word and deed,
that all the world may know his power to change and save.
This we ask through Jesus Christ our Lord.

All Amen

All Almighty God, we thank you for feeding us

with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice.

Send us out in the power of your Spirit to live and work to your praise and glory. Amen.

Notices.

THE DISMISSAL

Blessing

God, who from the death of sin raised you to new life in Christ, keep you from falling and set you in the presence of his glory; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

All Amen.

Go in peace to love and serve the Lord.

All In the name of Christ. Amen

Recessional Hymn

Praise, my soul, the King of heaven;
To his feet thy tribute bring.
Ransomed, healed, restored, forgiven,
Who like thee his praise should sing?
Praise him! Praise him!
Praise him! Praise him!
Praise the everlasting King.

Praise him for his grace and favour To our fathers in distress; Praise him still the same for ever, Slow to chide, and swift to bless. Praise him! Praise him!
Praise him! Praise him!
Glorious in his faithfulness.

Father-like, he tends and spares us; Well our feeble frame he knows; In his hands he gently bears us, Rescues us from all our foes. Praise him! Praise him! Praise him! Widely as his mercy flows.

Angels, help us to adore him;
Ye behold him face to face;
Sun and moon, bow down before him,
Dwellers all in time and space.
Praise him! Praise him!
Praise him! Praise him!
Praise with us the God of grace.

[H F Lyte]

The ministers and people depart.

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SERVICE TIMES

Wednesday 2nd March 11am

Wednesday 2nd March 7.30pm (Ash Wednesday)

Sunday 6th March 8.00am (BCP)

Sunday 6th March 9.30am

The Sunday service is livestreamed and can be viewed later our Facebook page

Please remember in your prayers this week:

THE SICK:

James Bedford Pat Kyle Rev. Peter Taylor Robb Clarke **Pauline Lewis** John Wasley Ann Considine Chris Maddock Carla Wells Julia Cowley Mrs McCammon Sheila West Michael Dixon Libby Mills Philip Willerton Anna Elwell **Chick Wilson** Raymond Nation Pat Parish Peter Wilson **Jack Everett** Peter Garner **Peggy Pinfold** booW oL Eileen Gilbert Elizabeth Savill-Burgess Erin **Delphine Scrivener** Juilet Griffith Izzy **Riley Shaw** Alison Griffiths Nic Vicky Hall **Emily Smith** Baby Reuben

Jean Iddiols Elsie Stone Bob

Jane Johnson Roy Stone Margaret

THE RECENTLY DEPARTED

Rita Wright Neil Bate

THOSE IN OUR MEMORIAL BOOK THIS WEEK

Eileen Margaret Byne Francis Frederick Kerry Connie Hunter
Caroline Mary Cutler Laura Eileen Thomas Joan Beryl Corney
Joan Petre Walter Edward Stone Harold E Bishop

NOTICES

The Parish Office is available by phone weekdays 9am - 5pm

Church Opening

St Hilda's is open for public worship services.

From 28th February we are no longer operating a ticket booking system for services, however, it will remain in place for Church events for catering purposes. Masks are optional

Following the teaching of 'Loving thy Neighbour' - If you feel unwell, we ask that you do not attend so that we can maintain the health and safety of all who attend the services.

St Hilda's Memorial Book

We will be sending the Memorial Book away for updating soon. If you would like to have a name added please complete the form which can be found in the memorial corner of the church and return it to the office by 28th February.

Community Lunch

Join us for the Community Lunch at midday on Wednesday, book your place via the office or the links on Facebook or our website.

If you are able to come forward and help, even once a month, please do liaise with Bobbie.

Paving Slabs needed

If anyone has any spare slabs that could be used in the Memorial Garden, please see Paula Gething.

Mothers' Union Eucharist - Tuesday 1st March - 9.45am

Monthly Mothers' Union corporate communion

Pancake Party - Tuesday 1st March - 5.30pm - 6.30pm

Join us for some fun activities and delicious pancakes. Please book via the links on our website, Facebook page or by contacting the parish office for catering purposes.

Ash Wednesday – Wednesday 2nd March – 11.00 and 7.30pm

Ash Wednesday is a solemn reminder of human mortality and the need for reconciliation with God and marks the beginning of the penitential Lenten season.

Ambling through Acts course – 3rd March

(7:30pm on the first Thursday of each month)

Led by Fr Steve, a study of the Acts of the Apostles will entail a close reading of the text. We will see the unfolding story of the beginnings of the church through the eyes of the writer, try to discern his purposes, discover new things, and learn that though the context has changed, human nature remains much the same. Hence, the struggles of those first followers may find resonances in our own day as we live out our individual lives of discipleship and participate together in the life of the church.

Everyone is very welcome to attend. There will be refreshments at the end. We will finish by saying Compline (Night Prayer) together round about 9pm. I hope to see you there. Please bring a bible – ideally the NRSV, but any version will do.

Women's World Day of Prayer – Friday 4th March

The World Day of Prayer in Ashford is organised as a multi-denomination service and this year will be held at The Baptist Church behind the Tesco Express off the high street. The service is on Friday 4th March at 10.30am. A poster is on the blue boards at the back of Church. All are welcome.

<u>Time to Worship Together – Lent – A time to change direction</u>

Please book via the office or the links on our website and Facebook page.



Breakfast - Saturday 12th March 9.30 - 11am

Join us for a hearty breakfast, great company and an inspiring speaker. Our guest speaker this month will be Ruth Fogg, a therapist, educator and author. Booking can be via the links oOpn our website/ Facebook page or by contacting the parish office.



STRESSWORX - Positive Solutions for Peace of Mind

Ruth specialises in providing practical skills and solutions to understand and manage stress in both personal and professional situations. She has been in business since 2002 and her qualifications include a Diploma and MSc in Counselling Psychology, Teaching, Hypnosis, Emotional Freedom Technique

and Stress Management. She wears hearing aids in both ears but is an excellent lipreader! She is an Honorary Fellow of Brunel University and a Fellow of the International Stress Management Association.
Ruth has written "Stress Tips for Busy People", "Tapping for Teens" and "Stress n' Stuff - Tackling Teenage Mental Health", Tackling Tough Times, Tackling Student Stress a "Stress Awareness Diary for Carers" and "A Little Book of Gratitude" For children she has written "Merlyn the Magic Monkey" and "Uneska the Understanding Unicorn" both of which have colouring books as well.

Ruth has a background in teaching and youth work. She was Head of the Youth Service in the London Borough of Ealing for twelve years and was the chairperson of the Centre for Youth Work Studies at Brunel for ten years. As a freelance trainer and qualified Assessor, she has delivered qualifications in youth work in London and the Home Counties. As an Ofsted Inspector she has undertaken inspections and numerous pre – inspection checks for youth services all over the country. Until recently she was a Director of YMCA London South West and Middlesex Young Peoples Clubs. She was also a Trustee for MIND in Ealing and YMCA Training and a Master Facilitator for the 7 Habits Teen programme.

Ruth is a member of the General Hypnotherapy Standards Council; Spelthorne Business Forum; The Complementary and Natural Healthcare Council and the Professional Speakers Association. She is a Stress Advisor for The International Stress Management Association and Mental Health advisor for Swan Radio. She is married with two adult sons and lives in Wraysbury, and is a founder member of "wraysbury matters", promoting wellbeing in the community.www.stressworx.co.uk ruth@stressworx.co.uk

Feed my sheep –Tuesday 22nd March 2.30pm – 4pm

The theme is Dead Sea Scrolls and the Qumran

Bible Study - every Wednesday

Bible Study group will be meeting in Church this week at 7.30pm.

Pilgrimage to Westminster Abbey – Date TBC

A parish pilgrimage is being arranged to Westminster Abbey, please sign up on the sheet at the rear of the Church or contact the office. A date will be arranged if we have enough interest.

St Hilda's News

The February issue is now available on our website.

Sponsor a church chair

It is not too late to sponsor a chair or a trolley as we would still like purchase more.

If you can help, please complete the form at the rear of the Church.

- £90 covers the cost of a chair
- £225 covers the cost of a stacking trolly

Contact Information

Vicar

Fr Joseph Fernandes

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Vicarage 01784 254237 Mobile 07999 053433

Licenced Lay Ministers

Carolyn Clark <u>carolyn@sthilda.org</u> Rosalyn Young <u>rosalyn@sthilda.org</u>

Churchwardens

Bobbie Bedford Frances Forsbrey

PCC Secretary PCC Treasurer

Denise Buttigieg Darran Buttigieg

Parish Administrator

Denise Buttigieg

Church Hall Bookings

Chris Davenport 01784 252170

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